

*Eden Aldrich, RNP*

**STANDING ORDER**

**MENSTRUAL PAIN**

**I. ASSESSMENT**

- A. Obtain history of menses pain, assess signs and symptoms.
- B. Take vital signs, including temperature.
- C. If no contraception and light menses, preform HCG testing of first morning void.

**II. MANAGEMENT**

- A. Give APAP 325 mg, two (2) tablets BID PRN for cramps. May be purchased during A.M. and P.M. medication pass, or
- B. May also give Ibuprofen 200 mg, two (2) tablets BID. May be purchased during A.M. and P.M. medication pass.

**III. EVALUATION**

- A. If intense pain is present, bleeding more than normal, and/or fever for the individual inmate, contact Facility Provider for orders.